

## PRE OPERATIVE INSTRUCTIONS

1. Eat a light breakfast. Caffeinated beverages should be limited to one only.
2. Take your regularly prescribed medications. Please bring your medications with you the morning of the procedure. Tell the physician or the nursing staff of any over-the-counter medication that is taken regularly.
3. **Do not stop any blood thinning medication such as Coumadin or Aspirin unless our office has contacted your regular physician and we have advised you to do so.**
4. We recommend a shower the evening or morning before the procedure. Wearing freshly laundered clothing will help reduce the incidence of infection. Wear a shirt or blouse that buttons down the front. A T-shirt is difficult to pull over a large, bulky dressing.
5. Do not apply makeup, cream, or shaving lotion to the affected area.
6. A container for contact lens or dentures should be brought.
7. Remember that you may be in our office for an extended period of time. Bring a book or needlework.
8. If you become ill between now and your procedure time, contact our office.
9. The temperature in our office is cool. Bring a small blanket or afghan.
10. **Do you have any condition for which an antibiotic needs to be prescribed before dental work? Do you have any artificial heart valves or artificial joints (knee, hip, shoulder, etc...)?** If these conditions exist and you do not inform us, it could cause a long delay in the start time of your procedure. If an antibiotic has been prescribed for you, take as instructed on the prescription.
11. On the day of the procedure a family member or friend must accompany you. Medicated patients will not be allowed to drive themselves home. **All PATIENTS MUST** be escorted when leaving this office after surgery. If we need to call for your ride after the surgery, bring the name and phone numbers required with you when you come. Give this information to the nurse.
12. Contact our office should you have any questions.